

EDUCATION

Elementum Coaching Institute
Certified Master Coach, Trauma Informed

Udemy Academy
Therapeutic Art Life Coach Certification

Institute DerMed
Medical Intensive Certification

American Institute of Massage
Certified Massage Therapist

University of Louisiana, Monroe
Bachelor of Science, Nursing

SELECTED SKILLS

I guide people through transformational healing journeys by means of excellent interpersonal, communication, and assessment skills, and customized trauma informed life coaching. Along with a variety of healing & therapeutic modalities, some of the specific disciplines I utilize are: somatic release techniques, sound healing and voice activations, internal family systems, inner child and parts therapy, emotional intelligence and release techniques, experiential learning, psychology (developmental, positive, interpersonal, evolutionary, and cognitive), cognitive behavioral therapy techniques, trauma release techniques and practices, linguistic philosophy, neuro linguistic programming, conflict management, ontological practices, embodied cognition, spiritual wisdom, breathwork, sexual embodiment, masculine and feminine energetics, and non violent communication techniques.

EXPERIENCE

Artist of Your Life, LLC 2022–PRESENT, ALPHARETTA, GA
Founder. Transformational Life Coaching Services, Trauma Informed Workshops and Events Facilitator, Expressive Arts Therapies

Functional Medicine of Georgia ALPHARETTA, GA 2021–2022
Triage and assessment, phlebotomy and IV therapies, patient care advocate, nutritional counseling, educator for various therapies provided

Erika Guillory Page, Fine Art Services ATLANTA, GA 2003–2021
Sole proprietor art studio; commissions, art education classes, workshops, and private mentorship services for creatives

Piedmont Hospital ATLANTA, GA 2002–2003
RN, BSN Women's Health Center, newborn nursery, intermediate and NICU, lactation and newborn care educator

Plumyumi Clinical Day Spa PEACHTREE CITY, GA 2000–2002
Certified Massage Therapist

Capitol Medical Center RICHMOND, VA 1999–2000
BSN, RN, Intensive Care Unit/ICU

Glenwood Regional Medical Center MONROE, LA 1997–1999
BSN, RN, Emergency Department/ER

—

Awards and Publications, Activities, Honors, and References available upon request.

Artist
of your **Life**™